

SEVEN STEPS TO EFFECTIVE PRAYER

Matthew 6:5-13

I. Adoration

Scripture: Ex 15:1 & 2; Deut 6; Ps 57:9-11; Ps 107:1; Jer 32:7; John 11:41-42; Rev 5:12; Rev 19:6

There are 4 reasons for adoration:

1. Adoration sets the tone for the entire prayer.
2. Adoration reminds us of God's identity and inclination.
3. Adoration purifies the one who is praying.
4. God is worthy of adoration.

II. Confession

Scripture: Ps 51; Jer 3:13; Dan 9:5-7; Ezek. 9:3, 6; John 6:37; Ps 103:12

The benefits of confession:

1. Your conscience will be cleansed.
2. You will be flooded with relief that God has a forgiving nature.
3. You will feel free to pray.

III. Thanksgiving

Scripture: Ps 100; Ps 103:2; 1Thess 5:15; Luke 17:11-19

Thank God for:

1. Answered prayers.
2. Spiritual blessings.
3. Relational blessings.
4. Material blessings.

IV. Supplication & Intercession

Scripture: Matt 6:33; John 17; Luke 11:5-13; James 4:2; Phil 4:6; James 1:5; 1 Pet 2:9; Heb 7:25

Pray for:

1. Ministry
2. People
3. Family
4. Personal

V. Commitment

Scripture: Ps 31:5; 37:5; Prov 16:3; Matt 6:10

VI. Listening

Scripture: Ps 49:3; 40:1, 2; 139:24; 25:4, 5; 37:5; Prov 4:6

VII. Dedication

Scripture: 1Tim 6:20; 2Tim 1:14; John 13:17